

# HOW DOES THE EESYSTEM WORK?

## Installation

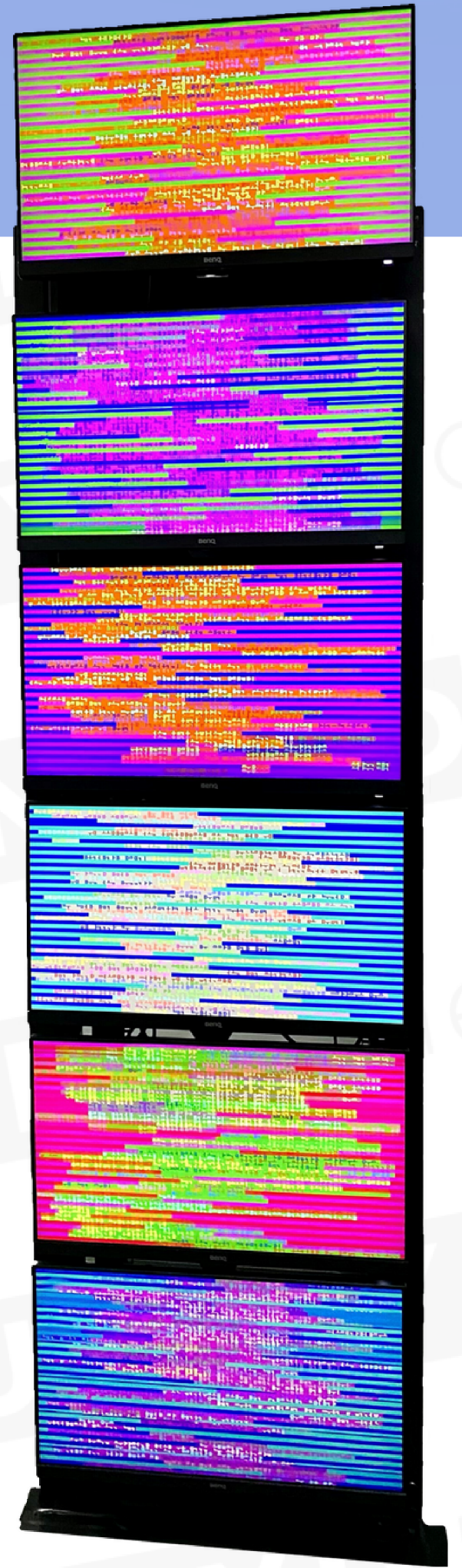
EESystems are built and precisely installed to generate multiple bio-active energy fields.

## Energy Fields

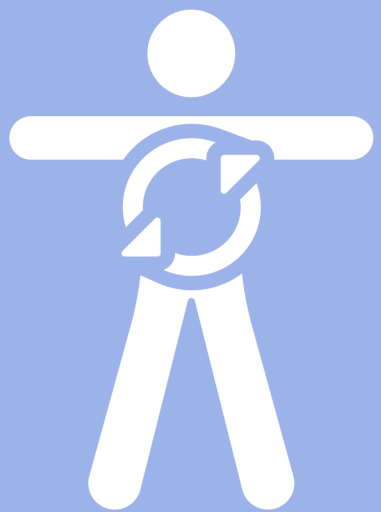
The EESystem generates life enhancing energy fields, including "scalar waves".

## Creating the Perfect Environment

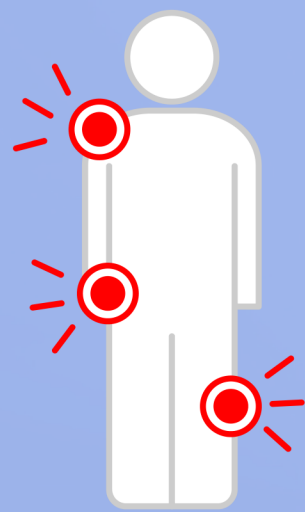
This energetic environment balances and restores your body's innate ability to heal itself.



## The EESystem Promotes:



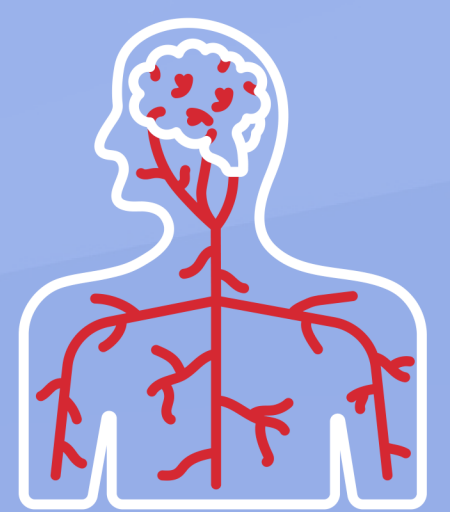
Detoxification  
of the Body



Reduced  
Inflammation



Relief  
from Pain



Improved  
Circulation



Improved Sleep  
Quality



Improved  
Immune Function



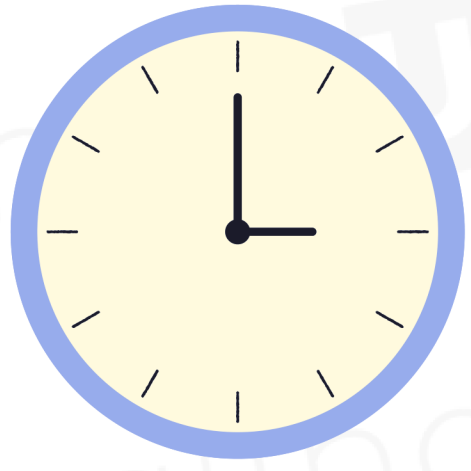
Cell  
Regeneration



L/R Brain  
Balance



DO



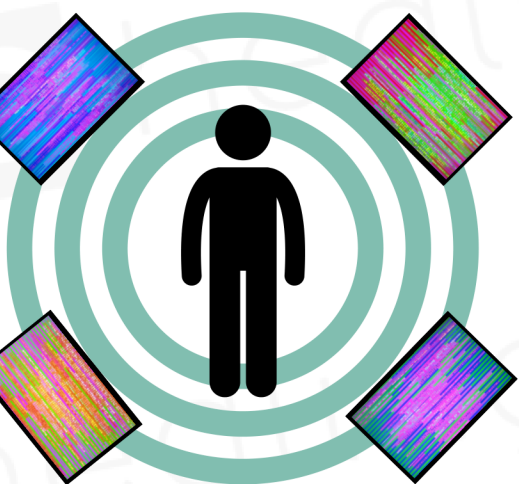
**Do** spend 2+ hours per session



**Do** meditate, sleep, or maintain a restful state



**Do** remain quiet, being mindful of others



**Do** remain within the space of the system

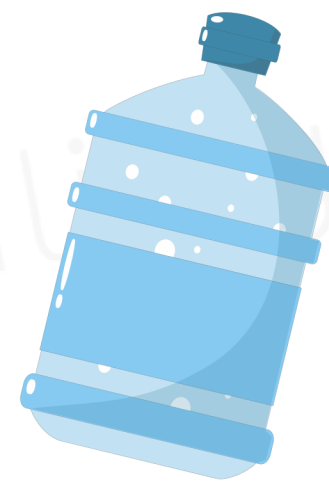


**Do** support your body with organic whole foods and avoid artificial processed foods and beverages.

DON'T



**Don't** forget to take a salt bath after each session (day of or day after)



**Don't** forget to remain hydrated (1/2 - 1 gallon/day)

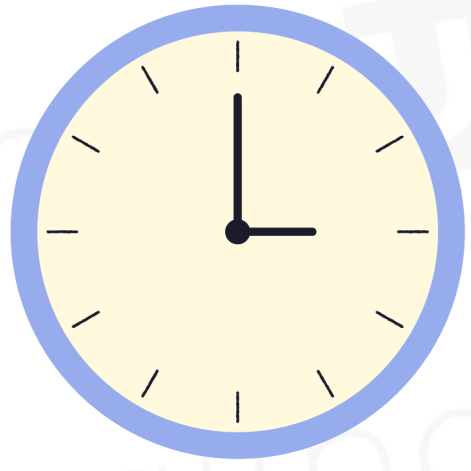


**Minimize use of** electronic devices, when possible (although, not necessary)



**Don't** forget to attend regularly — consistency is important!

DO



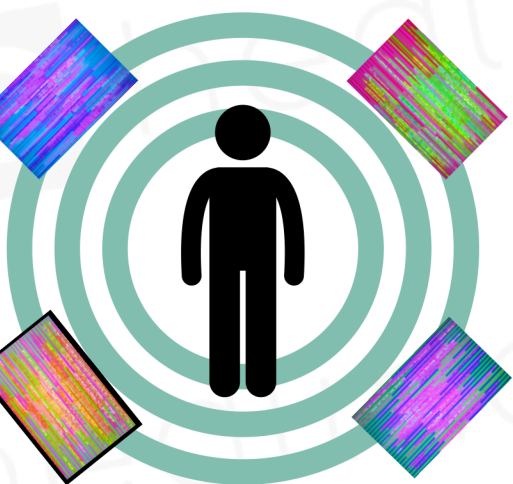
**Do** spend 2+ hours per session



**Do** meditate, sleep, or maintain a restful state



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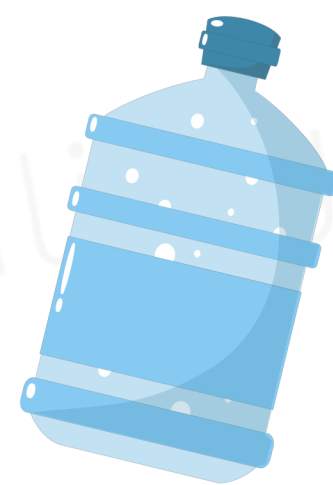


**Do** support your body with organic whole foods and avoid artificial processed foods and beverages.

DON'T



**Don't** forget to take a salt bath after each session (day of or day after)



**Don't** forget to remain hydrated (1/2 - 1 gallon/day)



**Avoid** using electronic devices (unless center owner specifies otherwise)



**Don't** forget to attend regularly—consistency is important!



# DETOX BATH

The EESystem-recommended salt bath recipe to use in conjunction with EESystem sessions to assist in detoxification. Ingredient amounts provided for a general bath size. Reduce/add as required for volume of water.



**2 cups**  
Sea Salt



**2 cups**  
Baking Soda



**1 cup**  
Mule Team  
Borax



**2 Tablespoons**  
Hypercharged EESalt  
(purchased from EESystem, if  
available)

## OPTIONAL TO ADD



pine oil or  
other essential  
oils



**1/2 cup**  
bentonite  
clay



**2 tsp - 1/4**  
**cup** ginger  
powder



**2 tsp - 1/4 cup**  
matcha green  
tea



**2 cups**  
food grade/regular  
Hydrogen Peroxide

## DIRECTIONS

1. Put ingredients in a tub of hot water and soak for 30 minutes or more with a wet towel over the chest (to help draw out toxins).
2. Beneficial to scrub skin while in bath.
3. Apply Magnesium lotion or coconut oil following the bath.
4. Ensure to remain hydrated with water.

*The guidance provided is an informational resource only and is not to be used or relied on for any diagnostic or treatment purposes.  
Please consult your doctor or medical practitioner for medical advice.*